

D E C E M B E R 2 0 0 8

# MINDTAMERS MONTHLY

## Newsletter

### ✧ **Renewal, Readiness and Greatness** ✧

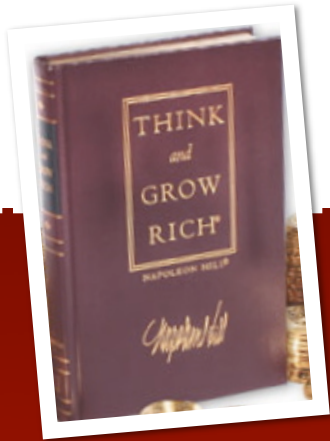
Winter is the season of renewal, where seeds and bulbs are gathering the energy and physical components that they need to burst forth in the spring with new growth and color. Ideas are spiritual seeds and they also are gathering the energy and physical components they need to manifest in your physical world as soon as you are ready for them. Winter is a great time to make yourself ready.

Many people ask me what is the best way to make ready for that great idea. On page 2 are daily practical steps that, if followed, will revolutionize your ability to take advantage of all of the universal laws. (Continued on page two.)



**FREE  
PROGRAM  
CD. Visit  
our website  
Dec. 22nd!**

### *Wrap up a Great Gift!*



***Think and Grow Rich* by  
Napoleon Hill Hard Cover  
Collectors Edition...\$25**

If you give gifts in the course  
of your trade or business you  
can deduct \$25 during your  
tax year!

*deborah*

### *Event Updates*

**MindTamers Makeover** with image consultant, Marjorie Burciaga and Dr. Lori Barr, January 19th, 9:00 AM. Learn where your image comes from and gain skills in projecting more of your true self through your apparel choices. Ladies and men ages 12 and up. \$25.00 per person. Email [info@mindtamers.com](mailto:info@mindtamers.com) to be sent an invoice prior to the January 19th event.

**MindTaming Principles: Think and Grow Rich and Young MindTamers Awake** groups will meet at MindTamers downtown office, 401 Congress Avenue, fifteenth floor on Sunday Dec. 14 and will **NOT** meet Dec. 21 or 28, 2008. Discussions resume on January 4, 2009 at Lost Creek Country Club.

**Heritage Christian University Mastermind Teleconference** Tuesday, December 16, 2008 12 - 1 pm. Board Members, Faculty, Associates and President's Council Members systematically attract more students and more contributions to the institution. Dial: (512) 716-6511 and the code: 973640# at the appointed time.

## Wise Gifts: MindTamers Memberships Beginning in January

*MindTamers ilearning global Member: sign up to learn on your own from experts in many fields. \$79.95/month <http://www.ilearningglobal.biz/mindtamers>*

*MindTamers Member Browse the e-libraries on 12/22 and pick one: Lee's, Lori's or Richard's. Weekly teleconference book study. \$40.00/month*

*MindTamers Executive Member Choice of two libraries, weekly teleconferences and MP3s of discussion of selected books. \$60.00/month*

*MindTamers Premier Member Access to all three libraries, weekly teleconferences and MP3s of discussions & choice of 2 teleconferences/month from all on-going programs \$80.00/month*

1. Stop trying to figure out how to be rich, famous or great. Greatness comes by being great in every day ways.
2. Start each day by thinking for at least thirty minutes upon the opportunities for greatness in front of you today. You have natural talents and already operate in ways that use those talents. Are you really giving 100% to the task at hand? Are you looking for ways to be your best in your current job? List at least 20 ideas of how you can be or do your best with the items on your "to do" list and your events, your action items, for just today.
3. Ask yourself which ideas will move you closer toward your life's purpose, or the goal you are working on. Discard any that are not in keeping with your life's purpose. Separate the others into the ones that will help you to be great in every day ways today, those that you will need to do in the future and those that you might do some day.
4. Consider only those ideas that will help you be great today and plug them in to the appropriate action items from your "to do" and events lists. Now prioritize your idea-infused action items for the day.
5. Take the list with you and start with the most important item and complete it today. Then move on to number two. You likely will not finish all of the items. If you finish just three each day, you will find your results far exceeding your expectations.

Cheers,  
Lori I. Barr, M.D.  
Founder, MindTamers

"Do you have a desire to do something great? Well understand this: you already ARE great! Let that greatness shine in EVERYTHING you do today. When you hold the door open for someone, smile and offer a kind word. When your spouse or child does something praiseworthy, offer an enthusiastic and heartfelt compliment. When mundane tasks at work require your attention, pour your heart into them and make the tasks fun. Someone needs your greatness today!"

Fred Ford

### Winter Renewal Picks

*Razor's Edge 2009  
Once in a great while a mentor invites proteges to grow with him or her during a time of great transition. Intense year long business focused program. Starts January 1, 2009 \$2495*

*MindTamers Born Rich  
Ten week group coaching program based on You Were Born Rich by Bob Proctor  
Starts January 6, 2009 \$899*

*MindTamers Lead the Field  
Twelve week group coaching program builds on Earl Nightingale's Lead the Field  
Starts January 6, 2009 \$499*

*MindTamers Master  
Fifty week group coaching program built on Bob Proctor's five key learning systems.  
Starts January 5, 2009 \$2295*

## Meet the MindTamers Masters and Facilitators

Dr. Lee Barr, speech pathologist, psychologist and philanthropist brings her extensive expertise in the use of the mind to her keynotes, seminars and coaching sessions. She has been employing the Think and Grow Rich strategies since 1970. She focuses on the use of the mind, particularly the imagination, and on the effective use of language for life enhancement. She is the president of MindTamers.

Dr. Lori Barr, [lori@mindtamers.com](mailto:lori@mindtamers.com), medical doctor, published author and certified LifeSuccess consultant maintains a successful medical practice as a partner at Austin Radiological Association and is in partnership with Bob Proctor and Paul Martinelli. She focuses on practical application of mind-taming principles so that individuals are richly rewarded as they discover their own purpose and potential through keynotes, coaching and seminars. She is the founder of MindTamers.

Dr. Steven Dent, [steve@mindtamers.com](mailto:steve@mindtamers.com), scientist, teacher, and Master Scuba Instructor integrates higher levels of self-awareness into multiple educational environments. He facilitates and focuses on the development of the intuition as a resource for opportunity. He is the marketing director for MindTamers.

Master Richard Dent, [richard@mindtamers.com](mailto:richard@mindtamers.com), boy scout (Life rank), martial artist and certified LifeSuccess consultant grows in an environment that supports full expression of the mind. His programs, keynotes and coaching focus on helping other young people understand their potential so that they may benefit during the full course of life. He is the director of the Young MindTamers Education and Social Programs.

Ms. Vanessa Hughes, [vanessa@mindtamers.com](mailto:vanessa@mindtamers.com), public relations professional assists in every aspect of MindTamers operations. She focuses on communications and implementation of the educational and social programs. If you need assistance with registration or purchases, contact Vanessa.

Anne McDonald, entrepreneur, and leading industrial chemical saleswoman and MindTamers Facilitator has a strong desire to help others recognize the value of Napoleon Hill's teachings. Individuals learn implementation as they realize the potential in harnessing the power of their minds.

Natalie Biagini, strategic alliance broker for global and local businesses, travel specialist and MindTamers Facilitator moves individuals from a position of desire to full attainment of goals.

<http://www.mindtamers.com>

